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Closer

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LOOK YOUR MOST

Our experts answer your most p

Q My hair feels healthy, but it looks dry and dull. Is there anything I can do to make it shinier?

A "If your hair generally behaves but looks dry, a shine spray will give you the sparkle and shine you're after," says NYC-based hairstylist Rita Ragone. The formula adds instant moisture to the surface of your strands, making them glisten. And the best part is you can use it on damp or dry hair and before or after styling.

Expert Tip:

Load up on raspberries! They're rich in vitamin B, which stimulates hair growth and makes hair healthier and shinier!

Herbal Essences Naked Sheer Shine Mist, \$7, drugstores



Jane Seymour

For Jane's lustrous locks, after blow-drying, change to the cool setting on your dryer to smooth the hair cuticles to make hair silky.

Q Winter took a toll on my skin! How can I improve my complexion?

A "Try an at-home scrub with almond milk, organic honey and coffee grounds," says NYC-based dermatologist Dr. Gary Goldenberg. Caffeine works to tighten the elasticity of skin, while the natural enzymes found in honey and almond milk help keep skin soft and smooth. Blend together a half cup of ground coffee beans, a tablespoon of honey and a cup of almond milk until it forms into a thick paste. Apply onto skin and let it penetrate for 20 minutes before rinsing. Skin will glow!



Q If I were to get a chemical hair-straightening treatment, would I be able to reverse it if I didn't like the results?

A "You can reconstruct the hair with a deep-conditioning mask, which will help loosen the undesired effect if done within 24 hours of the process," says Ragone. Combine equal parts olive oil and coconut oil, then apply onto hair. Let sit for 15 minutes before washing.



CLOCKWISE FROM TOP LEFT: GETTY; R/R (5); SPLASH; R/R (3); GETTY (4)