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A revolutionary cosmetic solution for glowing skin

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With summer's arrival, I decided that it was time to give my facial skin a boost and to get a glowing, age-defying look. I've been curious about cosmetic treatments for a while, but since I have sensitive, combination skin, I was worried about which treatment would work best for me. After talking with my friend Brigitte Segura, I discovered that Dr. Gary Goldenberg, Medical Director of the Dermatology Faculty Practice at The Mount Sinai Medical Center, offers a laser treatment called Clear + Brilliant. It's non-surgical, reduces hyperpigmentation and age spots, decreases pore size, and leaves your skin glowing. The recovery time is only a few days, which makes this treatment such an effective solution for reversing the signs of aging. I figured, why not check it out?



Dr. Gary Goldenberg

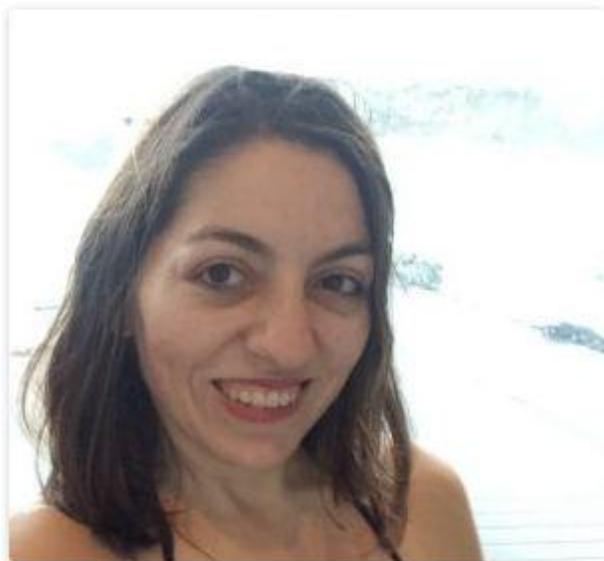
I had my appointment a couple of weeks ago, and the whole process impressed me. Dr. Goldenberg was very friendly, informative, and attentive to my skin concerns. He's an expert when it comes to dermatology and cosmetic procedures, and so I saw that I was in good hands. He explained that my face would have to be numbed first to keep the pain level at a minimum. Then, that the treatment would take 10-15 minutes. At first, I was nervous about having a laser circulate my face, but I quickly

saw that it wasn't so bad. The numbing cream definitely helped, and the only area that had more sensitivity was my skin closest to my hairline. It was a very efficient, practically painless procedure.

My skin was pretty red right after the procedure, which is normal. However, within a day, the redness was gone. Over the course of the week, I had some mild peeling, but nothing excessive. After that first week, I started noticing results. My skin felt tighter, smoother, and had a lower number of spots. After the 2nd week, my skin started to get that dewy, radiant look, with smaller pores and a more evened tone. I even looked less tired! Here are my before and after photos:



During NYFW, February 2016



In Iceland, March 2016



At an event at the Lightbox, June 2016 (after the procedure)



At an event in Williamsburg, June 2016 (After the procedure)

Clear + Brilliant has truly made a difference on my facial skin, and I definitely recommend it to anyone searching for an effective way to get an improved, refreshed look. Check out Brigitte Segura's article [here](#) for even more background on Clear + Brilliant. I'm so grateful to Dr. Goldenberg and thrilled about my glowing skin!