









Home » Lifestyle » Beauty » Kate Middleton's Skin Regimen Using Nutella, A Rumour

BEAUTY LIFESTYLE

Kate Middleton's Skin Regimen Using Nutella, A Rumour

By Kaye Cacho Sitchon   Posted on February 22, 2017  6 min read  0  0  76



Beauty therapist Deborah Mitchell reveals an at-home facial treatment made up of Nutella, sugar and a little lip balm to achieve glowing skin. Rumor has it that the Duchess of Cambridge, Kate Middleton is Deborah's client and that the Duchess uses Nutella on her skin too.

Deborah Mitchell, beauty therapist to Camilla and Kate Middleton

Deborah Mitchell, facialist and owner of Heaven Skincare, appeared in the 'Royal Beauty' segment of the UK talk show "This Morning" on Feb. 15. Introduced as the "beauty therapist to Camilla and the Duchess of Cambridge," Deborah said using an at-home facial treatment made up of chocolate (Nutella), sugar and a little lip

balm will help achieve glowing skin. She said that she used this regimen with “some” of her clients. Apparently, this resulted to rumors that Kate Middleton is one of her clients and that Kate uses Nutella on her skin, too. Kensington Palace, however, denies that the Duchess of Cambridge has ever been a client of Mrs. Mitchell.

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Deborah Mitchell: ‘I never claimed the Duchess of Cambridge has been a client’

In the British morning talk show, Deborah Mitchell told the audience about how to achieve the same radiance that Kate Middleton’s BAFTA look had by using cost-efficient kitchen pantry items. She spread Nutella all over the face of a model to show this. She then hinted on being close with the Royals by saying, “Now I’ve actually used this at home, and I’ve actually used this on some of my clients – not naming any names!” That was according to a report by Marie Claire.

MailOnline talked to Mitchell to clarify the issue because rumors spread that Kate Middleton also uses Nutella on her face. Deborah said that “I have never claimed the Duchess of Cambridge has been a client.” Deborah is best known for the innovation of products made out of bee venom which includes a bee sting facial kit. Duran Duran, Danni Minogue and Tess Daly are a number of her clients. She has also worked with Gwyneth Paltrow.

Smothering Nutella on the Face is Not a Good Idea – Dermatologist says

Medical Director of the Dermatology Faculty Practice at the Icahn School of Medicine at Mount Sinai, Dr. Gary Goldenberg, told Womens Health Mag that he “has concerns” about pores getting blocked because of the oil-based ingredients in Nutella. He says that hazelnut oil may be better to use for its medicinal benefits since the antioxidant is rich in vitamin C. Ultimately, getting advice from a dermatologist is best.

More News about Kate Middleton



Kate Middleton will 'Never Give Up' on Stigma of Children's Mental Health

Prince William and Kate Middleton have been busy with their charity work. Through their visits to Stewards Academy in Essex and Place2Be, the charity advocating children's mental health, the Duke and Duchess of Cambridge never fail to show what it really means to be a royal. Kate Middleton: "Never give up on your dreams" As part of ... Continue reading

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Kate Middleton 'Upset' Over Mother's Publicity

A new report says that the Duchess of Cambridge Kate Middleton is upset that her mom Carole Middleton tried to get publicity for herself through a feature in a popular magazine. The report says Carole is using her Royal connections which makes Kate more furious. Carole Middleton's Feature On People, Report Says 'Kate Is Furious' People did an article ... Continue reading

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