

EXCLUSIVE STORY CHRISTIE REVEALS ALL: WHAT'S HER AGE-DEFYING SECRET AT 62?

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DISCOVERY

**BEST
SKIN
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INSTANTLY

INNOVATION

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AGING
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THE PROVEN
WAY TO TAKE 10
YEARS OFF

The **LOOK
YOUNGER
ISSUE**

P.89
→

MINIMALLY INVASIVE OPTIONS

By
DR. GARY GOLDENBERG
MOUNT SINAI HOSPITAL
NEW YORK, NEW YORK

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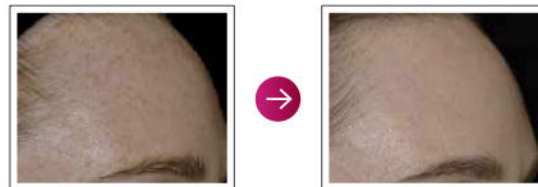
rawing on a holistic approach to skin care, Dr. Gary Goldenberg strives to take care of the whole patient, not just one particular area of concern. "My approach is personal because I really want to learn about the patient as a complete person," he says. "Each individual's lifestyles and habits will affect their treatment plan, so the more I know, the better care I can provide." Dr. Goldenberg also educates patients on less-invasive treatment options. "It is important for patients to understand what can be achieved with the nonsurgical, minimally invasive techniques that I use," says the doctor. "I deliver a natural look that keeps patients looking like themselves, but with the clock turned back 10 or 15 years."

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I deliver a natural look that keeps patients looking like themselves.

WHO I AM

- 1. HOW I MAKE THE BEST FIRST IMPRESSION**
Without first having honest interaction, it's very difficult to have a good outcome
- 2. MY ULTIMATE SKIN-CARE ADVICE**
Use moisturizer—it's a cornerstone of healthy, beautiful skin
- 3. WHAT SETS MY PRACTICE APART**
I practice holistic dermatology—I focus on the medical, cosmetic and surgical dermatological needs of my patients
- 4. MY MOTTO**
Always move forward using life's lessons from the past
- 5. MOST OUTRAGEOUS MEDICAL MYTH I'VE HEARD**
That a base tan provides protection while you are on vacation—there's no such thing as a safe tan
- 6. WHAT I LOVE MOST ABOUT MY PROFESSION**
The ability to care for many different types of patients with different needs
- 7. CAREER-DEFINING PROCEDURES**
Botox®, deep-tissue fillers and advancements in laser resurfacing have allowed patients to improve their appearance without going under the knife



Laser Skin Resurfacing

Frustrated by the hyperpigmentation and melasma on her face, this patient had a Fraxel Dual 1927 laser resurfacing treatment that gave her a brighter, more even skin tone.

PHOTOGRAPH BY CHRISTOPHER K. KOLK



ABOUT DR. GOLDENBERG

Dr. Goldenberg focuses on tailored treatments that address the needs of each individual patient while ensuring their comfort and safety along the way.

MY CREDENTIALS

Medical Degree
Temple University
School of Medicine

Board Certification
American Board
of Dermatology

CONNECT

Visit the doctor's gallery of **before-and-after** photos at:
newbeauty.com/goldenberg

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A FEW OF MY SPECIALTIES...

- Injectables / Fillers
- Facial Rejuvenation
- General Dermatology
- Laser Resurfacing
- Laser Surgery
- Scar Revision
- Skin Cancer Surgery
- Fraxel®
- Thermage®
- Skin Peels
- Skin Care
- Laser Hair Removal
- Removal (Moles / Birthmarks / Skin Tags / Other Lesions)