

Experts Reveal THE NEW INGREDIENT YOU HAVE TO TRY

Detox Debate IS THE LATEST DIET TREND SAFE?

NEWBEAUTY®

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THE BEAUTY AUTHORITY

LOSE

30

POUNDS FAST!

THE
BEST
WAY TO
GET THICK
SHINY
HAIR &

Khloé

BETTER THAN EVER!

HOW SHE DID IT,

WHY IT WAS EASY

AND WHAT'S NEXT

LOOK
sexy
NOW!

PRODUCTS
of the

FUTURE
ARE HERE

fast ways to

Makeover

your look

MINIMALLY INVASIVE OPTIONS

By
DR. GARY GOLDENBERG
MOUNT SINAI HOSPITAL
NEW YORK, NEW YORK

Drawing on a holistic approach to skin care, Dr. Gary Goldenberg strives to take care of the whole patient, not just one particular area of concern. “My approach is personal because I really want to learn about the patient as a complete person,” he says. Each individual’s lifestyles and habits will affect their treatment plan, so the more I know, the better care I can provide.” Dr. Goldenberg also educates patients on less-invasive treatment options. “It is important for patients to understand what can be achieved with the nonsurgical, minimally invasive techniques that I use,” says the doctor. “I deliver a natural look that keeps patients looking like themselves, but with the clock turned back 10 or 15 years.”

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I deliver a natural look that keeps patients looking like themselves.

WHO I AM

1.

MY ULTIMATE SKIN-CARE ADVICE

Use moisturizer—it’s a cornerstone of healthy, beautiful skin

2.

MY HAPPIEST PROFESSIONAL MOMENT

Graduating from my residency program and becoming board-certified was a huge milestone for me; it gave me the ability to do what I always wanted, which was to care for my patients

3.

THREE WORDS THAT BEST DESCRIBE ME

Conscientious, meticulous, trustworthy

4.

WHAT SETS MY PRACTICE APART

I practice holistic dermatology—I focus on the medical, cosmetic and surgical dermatological needs of my patients

5.

HOW I WOULD SPEND EXTRA TIME IN A DAY

With my family

6.

CAREER-DEFINING PROCEDURES

Botox®, deep-tissue fillers and advancements in laser resurfacing have allowed patients to improve their appearance without going under the knife

7.

MOST OUTRAGEOUS MEDICAL MYTH I’VE HEARD

That a base tan provides protection while you are on vacation—there’s no such thing as a safe tan

8.

MY MOTTO

Always move forward using life’s lessons from the past

9.

WHAT I LOVE MOST ABOUT MY PROFESSION

The ability to care for many different types of patients with different needs

10.

HOW I MAKE THE BEST FIRST IMPRESSION

Without first having honest interaction, it’s very difficult to have a good outcome

PHOTOGRAPH BY: CHRISTOPHER K. KOLK



ABOUT DR. GOLDENBERG

Dr. Goldenberg focuses on tailored treatments that address the needs of each individual patient while ensuring their comfort and safety along the way.

MY CREDENTIALS

Medical Degree
Temple University
School of Medicine

Board Certification
American Board
of Dermatology

CONNECT

Visit the doctor’s gallery of **before-and-after** photos at: newbeauty.com/goldenberg

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A FEW OF MY SPECIALTIES...

- Injectables / Fillers
- Facial Rejuvenation
- General Dermatology
- Laser Resurfacing
- Laser Surgery
- Scar Revision
- Skin Cancer Surgery
- Fraxel®
- Thermage®
- Skin Peels
- Skin Care
- Laser Hair Removal
- Removal (Moles / Birthmarks / Skin Tags / Other Lesions)