

Skin Care

5 Ways to Tell If Your Face Doesn't Like Your New Product

Is your skin trying to tell you something?

by LINDSAY TIGAR | COMMENT



Your skin swells

Certain products—like [retinol creams](#)—might cause your skin to break out for a few weeks before you start to see an improvement but if your skin swells after use, you can guess something is awry. [Dr. Gary Goldenberg](#) says that swollen pores or raised skin is a surefire sign that your skin is allergic since it signals an influx of inflammatory cells. When this happens, stop using the product and book a check-in with your derm ASAP.

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