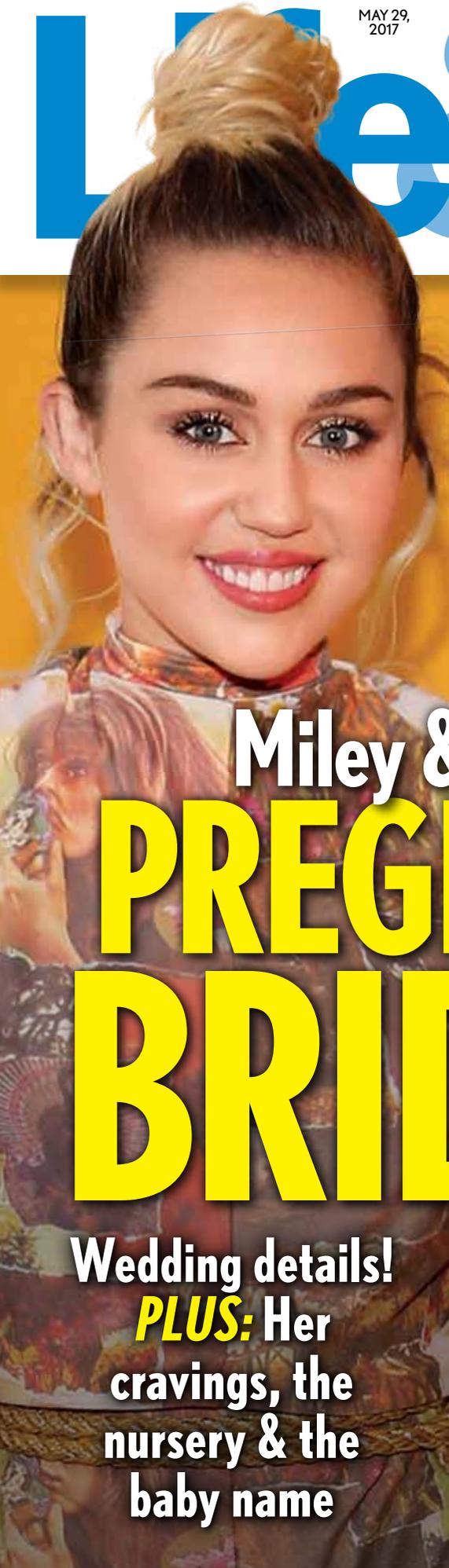


MAY 29,
2017

Life & Style



Miley & Khloé

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nursery & the
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When it comes to owning up to nips and tucks, Kyle Richards is one real Real Housewife. In 2013, she admitted to getting both a nose job ("My nose bothered me for a long time," she said) and liposuction. And more recently, the 48-year-old revealed she isn't aging completely naturally, telling *Life & Style*, "I do Botox three times a year. I try to keep it minimal." That's the right approach, say experts. "Kyle is doing a great job maintaining her youth," says Marisa Martino, a NYC-based laser skin specialist, who, like the other experts quoted in this story, has

"She looks very youthful, but still appropriate for her age."

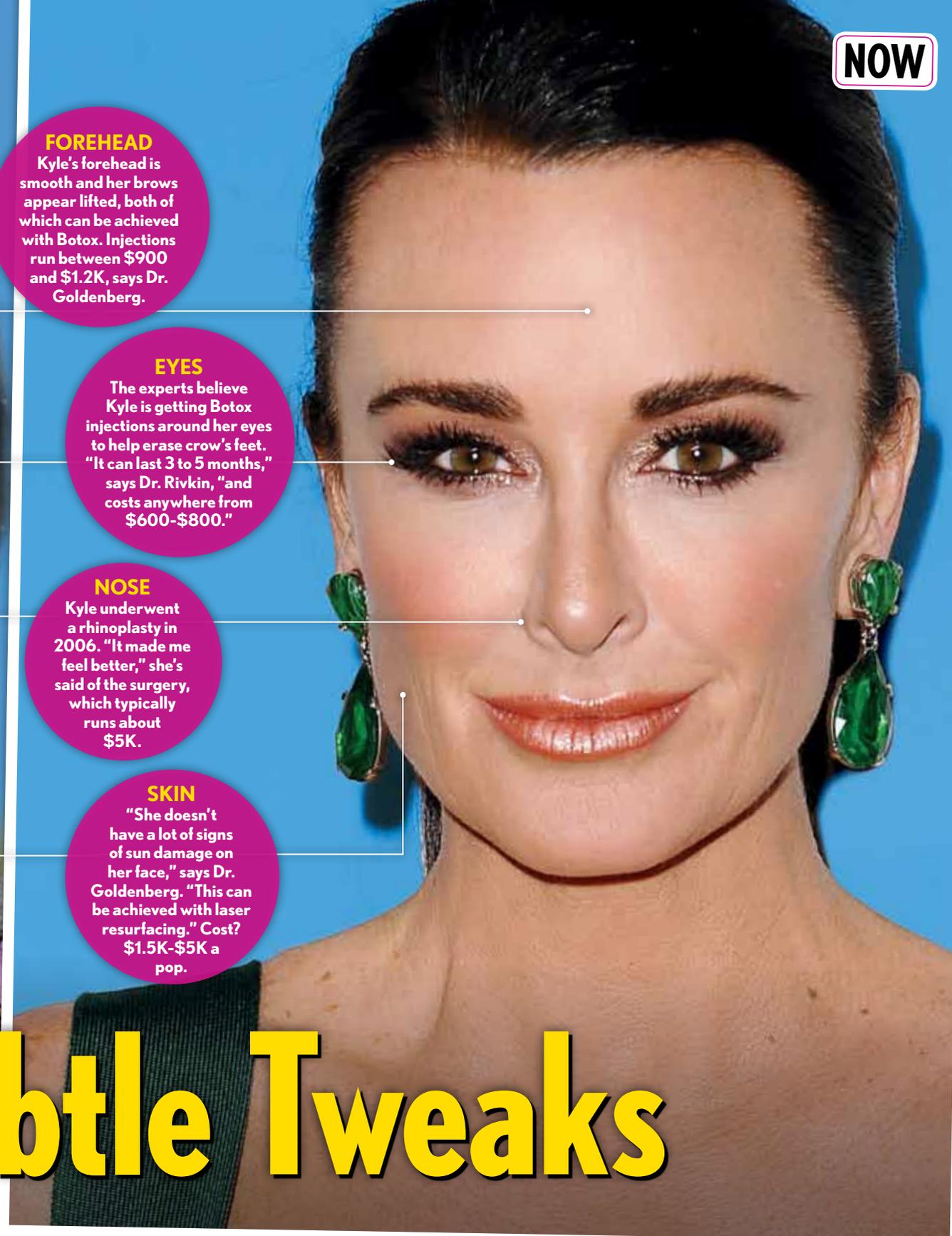
— Dr. Gary Goldenberg

not treated the reality star. "She's probably doing Botox and one or two laser treatments per year." LA-based cosmetic surgeon Dr. Alexander Rivkin agrees, suggesting she may have had Fraxel laser work to diminish fine lines, erase brown spots and shrink pores. And NYC-based dermatologist Dr. Gary Goldenberg says lasers and Microneedling (in which tiny punctures in the skin boost collagen production) have "helped with her skin quality. She looks very good!" **LS**

2004



NOW



FOREHEAD

Kyle's forehead is smooth and her brows appear lifted, both of which can be achieved with Botox. Injections run between \$900 and \$1.2K, says Dr. Goldenberg.

EYES

The experts believe Kyle is getting Botox injections around her eyes to help erase crow's feet. "It can last 3 to 5 months," says Dr. Rivkin, "and costs anywhere from \$600-\$800."

NOSE

Kyle underwent a rhinoplasty in 2006. "It made me feel better," she's said of the surgery, which typically runs about \$5K.

SKIN

"She doesn't have a lot of signs of sun damage on her face," says Dr. Goldenberg. "This can be achieved with laser resurfacing." Cost? \$1.5K-\$5K a pop.

Kyle's Subtle Tweaks