

- **What do your symptoms mean?**
 - **Should you be scared?**
- HEALTH ANXIETY & PANIC HEADQUARTERS
SYMPTOMS EXPLAINED BY DOCTORS



Itchy Red Bumps on Fingers: Causes other than Insects?

A dermatologist says there are many causes of red itching bumps on your fingers.

“It may be warts – a viral condition you pick up from the environment,” says

Gary Goldenberg, MD, of Goldenberg Dermatology, assistant professor, dermatology and pathology, Mount Sinai School of Medicine, medical director of the Dermatology Faculty Practice, NY.

He continues, “Papular (bumpy) eczema can also cause red bumps on the hands and is usually treated with topical creams.

“Bites can occur on the hands, and can be caused by mosquitos or bed bugs – see your dermatologist for tests to rule this one out.”

Bottom line: You certainly do not have to worry about a serious disease causing this problem.