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SYMPTOMS EXPLAINED BY DOCTORS



Skin Peeling Like Crazy On Hands: Doctor Explains

A dermatologist says there can be two common conditions that cause a lot of skin peeling on your hands.

These conditions are very common, says Gary Goldenberg, MD, of Goldenberg Dermatology, and assistant professor, dermatology and pathology, Mount Sinai School of Medicine, medical director of the Dermatology Faculty Practice, NY. The conditions are psoriasis or eczema.

Dr. Goldenberg explains, “Psoriasis is a genetic condition in which the skin forms scaly patches and plaques, anywhere on the body, including hands. This condition may also be associated with arthritis and internal disease, such as heart disease, stroke and diabetes.”

Psoriasis is an autoimmune disease, and sometimes, patients experience the joint problems before they experience any skin problems such as peeling on the hands.

“The treatment of psoriasis depends on the severity of disease, including topical creams, certain oral medications (pills) and biologic injections.”

Eczema

Dr. Goldenberg says, “Eczema is a very common condition that is genetic in nature. Hand eczema is the most common manifestation of this disease in adults. It usually presents with scaly patches and may be related to other allergies. Treatment is usually with topical creams.”