

- **What do your symptoms mean?**
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SYMPTOMS EXPLAINED BY DOCTORS



## **Why Your Eyelid is Itchy & Swollen: Doctor Explains**

A doctor explains the most common cause of a swollen, itching eyelid.

And the most common cause of this is contact dermatitis, says Gary Goldenberg, MD, of Goldenberg Dermatology, assistant professor, dermatology and pathology, Mount Sinai School of Medicine, medical director of the Dermatology Faculty Practice, NY.

He further explains, “This is more common in female patients than men. Common allergens include nail polish, hair care products, makeup and gold jewelry. Investigative work may be needed here to find out the exact cause of the allergy. Your dermatologist may suggest patch testing – a test to see what it is you are allergic to.”

### **What can you do about an itching, swollen eyelid?**

Dr. Goldenberg explains, “Treatment can be a bit frustrating, since sometimes even if you remove the allergen, the condition may persist. Topical creams may be helpful. Caution should be exercised with using topical steroids on the eyelids.”