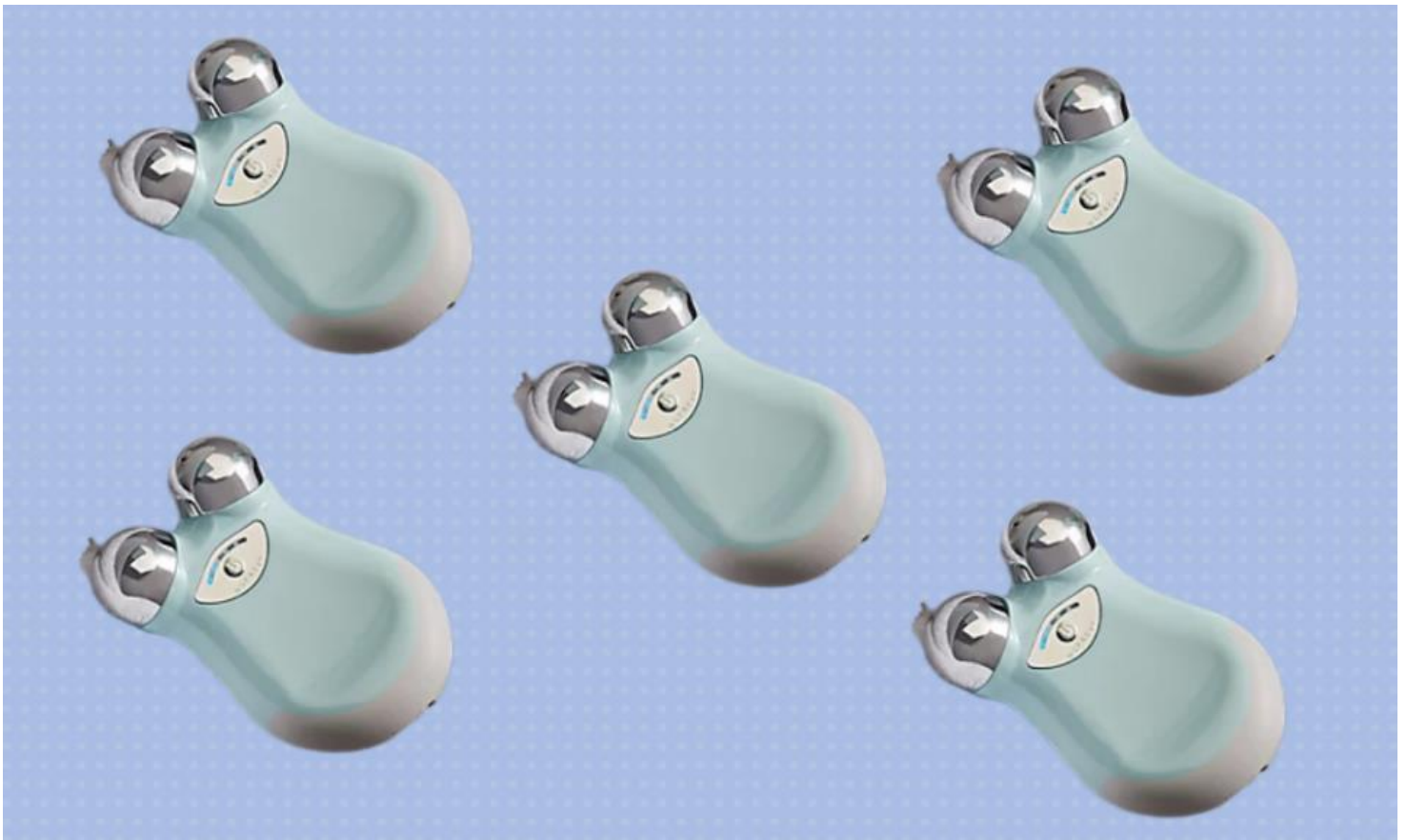


Banish fine lines and wrinkles with the 'remarkable' Nuface Mini toning tool—on sale at QVC right now!

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Even though fine lines and wrinkles are a normal part of aging, it's understandable you may not want to deal with them just yet. Luckily, there are products out there to help. But, with so many options to choose from, it can be hard to know where to start.

Here's one to put on your radar: The NuFACE Mini Face & Neck Toning Device. This little guy is cleared by the Food and Drug Administration to stimulate and improve the appearance of your skin. It's basically like getting a five-minute face-lift in your home. **And, right now, it's \$159 at QVC, marked down from \$192! That's the lowest price you'll find anywhere right now (we checked).** And, if you're new to QVC, you'll get \$10 off your first purchase with code OFFER. You can pay in five interest-free installments of \$32, if you'd like.

The device uses microcurrent technology to firm up the appearance of your jowls, jawline, cheeks, eyebrows, and forehead. And—get this—dermatologists use this technology, too.

“Microcurrents have long been used in health care for its regenerative benefits to enhance wound healing and strengthen muscles,” Dr. Joshua Zeichner, a New York City board-certified dermatologist, tells Yahoo Life. “The low level electrical current may help strengthen the foundation of the skin by stimulating collagen and improve muscle tone under the skin.”

Microcurrents work by “stimulating skin cells to turn over in a more controlled fashion and causing small injuries to collagen fibers, inducing them to repair and tighten,” **Dr. Gary Goldenberg**, an assistant clinical professor of dermatology at the Icahn School of Medicine at Mount Sinai in New York City, tells Yahoo Life.

Zeichner says he usually recommends using microcurrent devices along with products that contain retinol and antioxidants. And, he says, microcurrents tend to work well “across all skin types, making them a useful option for people who are sensitive and cannot tolerate traditional skin care treatments.”

Just a heads up: This is typically something that will give you results over time, not right away. “Results are modest and best achieved with long term use,” Zeichner says. “Look at microcurrent treatments like training for a marathon. You need to do it every day to reap the long term benefits in the end.”

While Goldenberg says that devices that are used at your dermatologist’s office are usually able to produce stronger currents for better results, you probably don’t want to be schlepping in to see your doctor on a regular basis. The NuFACE Mini can help you out in between in-office appointments. Check out a video showing it in action here.

Shop it: NuFACE Mini Face & Neck Toning Device, \$159 (was \$192), qvc.com



Banish fine lines and wrinkles with this little device. (Photo: QVC)

To use it, you just apply NuFACE's Hydrating Leave-On Gel Primer and then run the device over the natural contours of your face—the whole thing takes about five minutes. Do it once a day, five days a week for 60 days, and then two to three times a week after that for maintenance.

This little device has an army of fans. "Wow. I was skeptical but I do see the difference," one happy customer wrote. "I have used the device for two weeks (five continuous days with two days 'rest') and by the start of the third week, my cheeks look contoured and made me look thinner!"

Another called the NuFACE Mini the "best investment in my face in years," adding, "The results I am seeing in such short time is remarkable... I was considering fillers due to deeper lines forming around my mouth. I am not considering that now."

Again, the NuFACE Mini has a big following. And, given that this is the lowest price you'll find for it, don't expect this deal to stick around. So, act fast—your face will thank you.

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