

APRIL 3,  
2017

## Selena's Story

# REHAB SAVED MY LIFE

Depression, anxiety and panic attacks drove the star over the edge. 'I was an addict,' she admits, providing new details of the scariest time of her life and how she battled back



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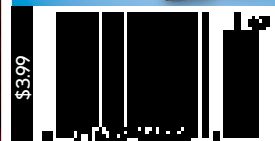


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# KNIFESTYLES OF THE RICH & FAMOUS

**T**hough Calista Flockhart is best known for TV hits *Ally McBeal* and *Brothers and Sisters*, it's one of her movie titles that resonates now, at age 52: *Things You Can Tell Just by Looking at Her*. Calista has always been mum on plastic surgery, but experts say it's obvious she's put money into maintaining a youthful appearance. "I think she looks great," says board-certified surgeon Dr. Anthony Youn, who, like the other doctors quoted in this story, hasn't treated Calista. "But less can be more with injectables. I'd recommend that she hold off on getting more." Dr. Gary Goldenberg,

**"She's fighting the aging process every step of the way."**

— Dr. Anthony Youn

a board-certified dermatologist in NYC, would also like Calista to tweak her approach. "I'd place more fillers in the back of the cheeks, to pull back the loose skin, and less in her mid-face, which is producing a 'chipmunk look,'" Dr. Goldenberg says. But Dr. Ryan Neinstein is impressed with Calista's upkeep. "She's made subtle changes," the NYC-based plastic surgeon says. "And she's aging gracefully." **LS**

**2005**



## FOREHEAD

Dr. Youn says Calista's forehead is "unusually smooth for a person her age" and says Botox injections are likely the cause. Price per injection: about \$600.

## EYES

"Her upper eyelids appear to have less skin now than before," observes Dr. Neinstein, "which is indicative of an upper-eyelid lift or tuck." The eyelid lift runs a hefty \$5K.

## CHEEKS

Plastic surgeon Dr. Steve Fallek says her cheeks are fuller than they used to be. "That doesn't happen naturally as you age," he notes. He suspects fillers, twice a year, at \$1K a syringe.

## LIPS

Most people's lips naturally thin a bit with age, but Calista's "look like they've been plumped up, possibly due to a filler like Restylane," says Dr. Youn. Estimated cost: \$1.2K.

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# Calista Stops the Clock