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This New Device Helped Dolores Catania Get Pain-Free Injectables

The TargetCool system promises less pain and minimal bruising and swelling.

By Tatiana Bido, Aesthetic Content Manager · Jun 29, 2023



Real Housewives of New Jersey star Dolores Catania recently took to her Instagram page to share her excitement about a new way to undergo injectable treatments featuring a cooling device. The TargetCool device can help alleviate pain and minimize bruising associated with injections.

New York dermatologist Gary Goldenberg, MD, who treated Catania, says TargetCool is a first-of-its-kind medical cooling device. "It can alleviate pain and bruising from injection-based procedures such as fillers and botulinum toxin. By using it on Dolores before injecting filler and Botox, I was able to precisely pinpoint the exact injection location and control the tissue temperature within seconds, allowing for a nearly pain-free experience," he explains.

The key benefit of TargetCool lies in its ability to precisely control tissue temperature, ensuring optimal cooling without the risk of overcooling, which could potentially cause burns. In addition to minimizing pain, it also decreases swelling and bruising, resulting in a more comfortable recovery.



Instagram/@dolorescatiana

Catania herself shared her positive experience, stating, “When I heard about TargetCool, I had to try it for myself. It’s the only CO2 cooling device that minimizes injection-related pain, bruising, swelling, and inflammation. TargetCool put my mind at ease right before my injections and made me look my best right after!”

The aesthetic treatment loving star went on to say if you’re going to get injectables, definitely pair them with this device. “Next time you’re going to get injected ask for #TargetCool, you won’t regret it!”

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