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Lume's natural whole-body deodorant is under \$13 a stick: 'No smell at least for a day'

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Choosing a new deodorant can be tricky. You want something that doesn't have an overpowering scent but still has enough punch to take out body odor. And if it happens to be free of certain ingredients like aluminum, even better. Well, there's a natural deodorant called Lume that you've probably seen

Lume has built a cult following for its impressive coverage and natural ingredients. It's free of aluminum, propylene glycol and soy.

At under \$13 a stick, this deodorant hasn't been priced this low since July. It can be used all over your body, too, giving you plenty of mileage from one product.

Why do I need this?

One of the biggest things Lume has going for it? What's not in it. The deodorant is free of potentially harsh or harmful ingredients including propylene glycol and aluminum, and also bypasses potential skin irritants such as gluten, baking soda and soy.

"There is some concern with using aluminum chloride, which is present in regular anti-perspirants," Dr. Gary Goldenberg, a board-certified dermatologist in New York City, told Yahoo Life. "However, there are no human studies that show it causes cancer or any other adverse reactions, other than that fact that some may develop an allergic reaction to it."

Lume can be used anywhere on your body that needs odor control: your armpits, feet, privates and more. Just glide it on and move on with your day. It's hypoallergenic and safe to use pretty much anywhere you have skin. It also promises to block odors for up to 72 hours, giving you ongoing coverage. You can choose from a range of on-sale scents, including Lavender Sage, Clean Tangerine, Peony Rose and unscented.

What reviewers say

This deodorant has a cult following, with Amazon reviewers swearing by everything from scents to coverage. "It really works!" said a happy customer. "Ever since I've had children, my armpits stink. Maybe hormones? I have tried so many deodorants (including men's) and nothing has worked. This stuff works! No smell at least for a day."

"Can't say enough good about it," said another fan. "Going through perimenopause/menopause with all the heat flashes and night sweats, which gives off a whole different kind of odor. I have literally about 10 different kinds of deodorant on my shelf I've tried, from sticks to sprays to clinical strengths of all different brands ... none of them work. Lume does!"

"I have seen this product advertised for a while now and doubted it would work," a skeptic said. "I have to say, working 12-hour shifts, it is definitely a game-changer. I bought the unscented version and used as directed. It did keep unwanted body odor at bay. The only downside is that it has a slick type of feeling. It does not dry like an antiperspirant."

Lume promises 72-hour coverage — handy for those mornings you forget to reapply. Choose from a range of fresh scents, including Clean Tangerine or Lavender Sage, or opt for unscented.

Source:

<https://www.yahoo.com/lifestyle/lume-deodorant-sale-173807522.html>