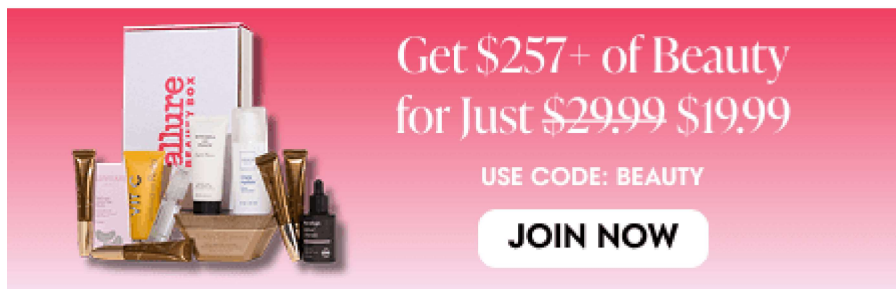


7 Best Humidifiers for Dry Skin for Year-Round Hydration

Winter is coming, and between the cold outdoors and the dry air radiating from your heaters, you'll need backup from the best humidifiers for dry skin. Dryness is a common issue that spikes during this time of the year, and, of course, [hydrating serums](#) and [moisturizers](#) will help counteract it. But a humidifier adds moisture to the air of your home, minimizing the chances of increased dryness in the first place, which is why [Rachel Westbay, MD](#), a board-certified dermatologist at [Marmur Medical](#) in New York City, recommends using one in tandem with your current moisturizing skin-care routine. "In dry environments, skin can become tight, flaky, or irritated, and increasing humidity helps reduce that effect," she says.

Our Top Humidifiers for Dry Skin

- **Best Overall:** [Canopy Bedside Humidifier 2.0](#), \$159
- **Best Cool Mist:** [Dreo Warm & Cool Mist Humidifier](#), \$90
- **Best for Large Spaces:** [Homedics Ultrasonic Humidifier](#), \$80
- **Best for Baby:** [Honeywell Cool Moisture Humidifier](#), \$85
- **Best Purifying Humidifier:** [Dyson Purifier Humidify+Cool PH03](#), \$950
- **Best Smart Humidifier:** [Levoit LV600S Smart Hybrid Ultrasonic Humidifier](#), \$110
- **Best Compact:** [Vicks EasyCare+ Cool Mist Humidifier](#), \$65



A quick 101 on what humidifiers actually do: These devices release moisture into the environment in the form of microscopic water droplets, or vapor, which can neutralize dry air and its effects on our skin (and hair!) in the process. By the way: Its moisturizing powers aren't reserved just for winter, as even increased sun exposure and environmental stressors that occur year-round can have a drying effect on your complexion. So incorporating a humidifier into your daily routine can be the hydrating game-changer you need if you feel like your skin-care products alone aren't cutting it.

Of course, many *Allure* editors have their own humidifiers to perk up their complexions. Below, we've narrowed it down to the best humidifiers money can buy—paying attention to runtime, ease of use, smart features, and area-coverage capabilities. Plus, you'll find a range of options, whether you want one for your office's parched corporate air or a design-forward humidifier for your bedroom oasis.

Frequently Asked Questions

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- [What is a humidifier?](#)
- [How does a humidifier benefit my beauty routine?](#)
- [What kind of humidifier is best for dry skin?](#)
- [What is the best humidity for dry skin?](#)
- [Meet the Experts](#)
- [How we test and review products](#)
- [Our staff and testers](#)

Best Humidifier for Dry Skin Overall: Canopy Bedside Humidifier 2.0



Save to wishlist



Canopy

Bedside Humidifier 2.0

[\\$159](#)

[Amazon](#)

[\\$159](#)

[Revolve](#)

[\\$159](#)

[Sephora](#)

Why it's worth it: Regardless of whether you're using still or tap, the Canopy Bedside Humidifier 2.0 spurts a steady stream of water vapor that conditions the air and, therefore, your skin. The beauty of this device is its multi-faceted approach to water filtration, which removes bacteria, dust particles, and debris from the air through its double-layered filter and combination of UV and LED lights to cleanse its tank. This innovative design humidifies and purifies all at once; plus, you can ditch the distilled water and fill it straight from your sink—pretty innovative, considering most humidifiers require the former. (Fair warning: It's louder than some other models we've tested, although the white noise helps.) You can also use Canopy's humidifier as an essential oil diffuser, night light, *and* white noise machine.

Tester feedback from contributing commerce editor Deanna Pai

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“A fun, little-known pregnancy symptom is congestion—who knew? I’ve moved this into my bedroom to help me breathe more easily during the night, and it works: It keeps my sinuses clear and prevents me from waking up to a dry mouth. My skin has been softer and smoother as a result, too; I consider it a great bonus, and a really good reason to keep hanging onto this thing postpartum. I also appreciate that it’s much

easier to clean than other humidifiers I have—I usually just throw the various parts into the dishwasher.” —**Deanna Pai, contributing commerce editor**

More to know

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- **Max. run time:** 36 hours
- **Max. room size:** 500 square feet
- **Tank size:** 2.5 liters

Best Cool Mist: Dreo Warm & Cool Mist Humidifier

Save to wishlist



Dreo

Warm & Cool Mist Humidifier

~~\$90~~ \$80 (11% off)

[Amazon](#)

\$116

[Walmart](#)

Why it's worth it: Quality doesn't always correlate to price. Exhibit A: Dreo's Warm & Cool Mist Humidifier, an under-\$50 device that Dr. Westbay suggests for its long-lasting run time and warm and cool vapor settings. "Its large tank and MistWave technology help keep air

consistently moisturized,” she says. This silent humidifier also features a dim, ambient light and can be used as an essential oil diffuser.

More to know


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- **Max. run time:** 36 hours
- **Max. room size:** 300 square feet
- **Tank size:** 4 liters

Best for Large Spaces: Homedics Ultrasonic Humidifier

Save to wishlist



Homedics

Ultrasonic Humidifier

~~\$80~~ \$71 (11% off)

[Amazon](#)

Why it’s worth it: Homedics’s Ultrasonic Humidifier is easier on the eyes than most devices, but aesthetics is just the beginning of what this humidifier has to offer. As it moonlights as home decor, this cool-mist humidifier provides a steady flow of vapor while it maintains humidity with its built-in digital humidistat—all while staying whisper-silent. It also features a 360-degree nozzle for easy adjusting, an LED night light, and an enormous 1.7-gallon tank. It’s available in two sizes, but we prefer the large option for bigger areas in our homes, like dens and living rooms.

Tester feedback from senior commerce editor [Sarah Felbin](#)

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Every winter, without fail, my throat gets desert-level dry. This humidifier is an easy fix—one tank of water lasts all night long, and I love that I can adjust how much water vapor comes out depending on how dry (or sick) I’m feeling. Plus, it’s completely silent. Also nice: the small compartment underneath that I can fill with an essential oil-soaked pad (peppermint is always my go-to). Three years later, and it’s still going strong—no mold in sight.” —Sarah Felbin, senior commerce editor


More to know

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- **Max. run time:** 70 hours
- **Max. room size:** 426 square feet
- **Tank size:** 1.7 gallons

Best for Baby: Honeywell Cool Moisture Humidifier

Save to wishlist



Honeywell

Cool Moisture Humidifier

~~\$85~~ [\\$76 \(11% off\)](#)

[Amazon](#)

[\\$76](#)

[Walmart](#)

Why it's worth it: This humidifier makes a soft, comforting sound with its fan and a large tank that can run overnight—perfect for cooing fussy babies to sleep. This device features a stream of cool mist that increases, stops, and holds the targeted humidity level as needed for optimal moisture at all times. Like Canopy's humidifier, the Honeywell Cool Moisture Humidifier also features UV technology and a wicking filter to purify the water as it disperses into the air.

Tester feedback from Pai

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“I have this in my toddler’s room, since she has eczema. The tank is huge—one fill lasts through two nights and then some—and it’s easy to swap out the filter. Another unexpected perk: My daughter ditched the white noise machine a while ago, but the fan on this has a soft, comforting buzz.” —Deanna Pai, contributing commerce editor

More to know

AccordionItemContainerButton



- **Max. run time:** 24 hours
- **Max. room size:** 700 square feet
- **Tank size:** 1.5 gallons

Best Purifying Humidifier: Dyson Purifier Humidify+Cool PH03

Save to wishlist



Dyson

Purifier Humidify+Cool PH03

[\\$950](#)

[Amazon](#)

[\\$950](#)

[Walmart](#)

Why it's worth it: Sure, the Dyson Purifier Humidify+Cool PH03 is the priciest pick on this list, but this is far beyond your average humidifier. This three-in-one purifier, humidifier, and cooling fan takes a well-rounded approach to improving your air quality by hydrating and deeply cleansing the air. Its HEPA H13 filter captures microscopic particles, including dust, allergens, and pollutants, while activated carbon removes potentially harmful gases like nitrogen dioxide. You can control its cleansing and humidifying settings easily with its remote or through the Bluetooth-connected MyDyson app.

Tester feedback from contributing commerce writer Jennifer Hussein

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“We’re all fans of Dyson’s hair tools, but this humidifier goes above and beyond any other piece of technology I have for one major reason—it makes every breath of air in my home fresher than the last. Its accompanying remote makes it easy to operate from the comfort of my couch (or, if I’m being honest, my bed) and keeps my skin feeling

properly hydrated while providing dust-free relief for my sinuses.” —
Jennifer Hussein, contributing commerce writer

More to know

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- **Max. run time:** 36 hours
- **Max. room size:** 2,860 square feet
- **Tank size:** 1 gallon

Best Smart Humidifier: Levoit LV600S Smart Hybrid Ultrasonic Humidifier

Save to wishlist



Levoit

LV600S Smart Hybrid Ultrasonic Humidifier

~~\$110~~ \$93 (15% off)

[Amazon](#)

Why it's worth it: Dr. Westbay gives Levoit's LV600S Smart Hybrid Ultrasonic Humidifier her seal of approval for its warm and cool mist options to fit just about everyone's humidity preferences for plumper, suppler skin. "It has a large tank, quiet operation, and smart controls to maintain optimal humidity," she says. Dr. Westbay adds that its sonic-powered nozzle disperses an ultra-fine mist, helping distribute moisture evenly throughout a small-to-medium-sized room like, say, your bedroom or office space.

More to know

AccordionItemContainerButton



- **Max. run time:** 50 hours
- **Max. room size:** 753 square feet
- **Tank size:** 6 liters

Best Compact: Vicks EasyCare+ Cool Mist Humidifier

Save to wishlist



Vicks

EasyCare+ Cool Mist Humidifier

~~\$65~~ \$60 (8% off)

[Amazon](#)

Why it's worth it: [Morgan Rabach](#), MD, a board-certified dermatologist at LM Medical in New York City, recommends the Vicks EasyCare+ Cool Mist Humidifier for smaller spaces. This filter-free design disperses a steady stream of humidifying cool vapor for a full 24 hours. This nifty multitasker can also be used with the brand's VapoPads for soothing aromatherapy.

More to know

AccordionItemContainerButton



- **Max. run time:** 24 hours
- **Max. room size:** 250 square feet

- **Tank size:** 0.6 gallon
-

Frequently Asked Questions

What is a humidifier?

Humidifiers increase indoor air hydration levels by adding moisture to the environment. This gadget improves overall air quality by "raising the relative humidity of an indoor space, which is the actual [amount of] moisture in the air compared to the highest amount of moisture that air can hold without raining," [says William Reisacher](#), MD, a board-certified otolaryngologist allergist at Weill Cornell Medicine in New York City.

One word to the wise: When used regularly, humidifiers need to be cleaned every week (soap and water or some vinegar will do, but many of them are also dishwasher-safe), otherwise they can become a breeding ground for bacteria, fungi, yeast, and mold—you know, things you *don't* want to be breathing in.

How does a humidifier benefit my beauty routine?

Dry air may not seem like the most pressing beauty issue, but according to [Suzanne Friedler](#), MD, clinical instructor of dermatology at Mount Sinai Medical Center in New York City, [changes in humidity](#) can lead to issues like dry, brittle hair and leathery skin. "At these times when our skin and eyes are already prone to dryness, taking long hot showers and using harsh soaps can further remove the natural oils and moisture from our skin," Dr. Friedler says. "People who live in dry climates also face a challenge in [keeping their eyes and skin hydrated](#)," so using a humidifier is a helpful way to offset dryness, she says.

If you've been alternating between dry, hot air, and cold air, heed this warning. These constant changes can strip your skin of its natural oils, [Gary Goldenberg, MD](#), a board-certified dermatologist based at Goldenberg Dermatology in New York City, [previously told](#) *Allure*. Dr. Goldenberg regularly recommends humidifiers to patients managing conditions like [eczema](#), [psoriasis](#), or simply [dry skin](#).

What kind of humidifier is best for dry skin?

Both cool and warm mists are beneficial for skin hydration, but Dr. Westbay and Dr. Rabach agree that cool-mist humidifiers are safer and therefore preferred. “Cool-mist models release room-temperature moisture, making them safer for kids and more energy-efficient,” says Dr. Westbay. Dr. Rabach adds that hot-water-based humidifiers increase the likelihood of bacterial and fungal growth, even if you’re changing and cleaning your system every day.

What is the best humidity for dry skin?

According to Dr. Rabach, humidity between 40% and 60% is ideal for skin hydration. “Below 40% the air is dry and pulls moisture from your skin, leading to flaking and dryness,” she says. “Above 60% can leave residue on the skin and can increase the likelihood of developing superficial skin infections and flare-ups of certain conditions like [eczema](#).”

Meet the Experts

- [Rachel Westbay](#), MD, a board-certified dermatologist at [Marmur Medical](#) in New York City
- [Morgan Rabach](#), MD, a board-certified dermatologist at LM Medical in New York City
- [Suzanne Friedler](#), MD, clinical instructor of dermatology at Mount Sinai Medical Center in New York City
- [William Reisacher](#), MD, a board-certified Otolaryngologist allergist at Weill Cornell Medicine in New York City
- [Gary Goldenberg](#), MD, a board-certified dermatologist based at Goldenberg Dermatology in New York City

How we test and review products

When *Allure* [tests a product](#), our editors look at it from every angle in an effort to best serve you. We are particularly discerning when writing about skin-care devices. This is because of the increased risks and, in

many cases, the high price points, that accompany at-home dermatological tools and devices.

Each device undergoes extensive testing and must be approved by a senior member of our beauty team prior to appearing in *Allure*. Additionally, our editorial team consults board-certified dermatologists and cosmetic chemists about the science behind product claims and independently reviews any studies cited by brands. Testers consider performance across four primary categories: efficacy, safety (including ease of use), research and the science behind specific claims, as well as product value. To learn more information on what's involved in our reporting, check out our complete [reviews process and methodology page](#).

Our staff and testers

A beauty product is a personal purchase. You might be searching for a face cream to address persistent dryness or a new nail product to add to your Sunday self-care routine; you may simply be browsing around for the latest launches to hit the hair market. No matter what you seek or your individual needs and concerns, *Allure* wants to ensure that you love anything we recommend in our stories. We believe that having a diverse team of writers and editors—in addition to the wide range of outside testers and industry experts we regularly call upon—is essential to reaching that goal.

After all, can we *really* say a skin-care product is the ["best" for people over 50](#) if the only testers we've solicited opinions from folks who have yet to hit 30? Can we honestly deem a high-end diffuser worthy of your hard-earned cash if it's never been tested on curls? We're proud that [our staff](#) spans a wide range of ages, skin tones, hair textures, genders, and backgrounds, which means that we are able to fairly assess any beauty product that comes into the beauty closet.

More skin finishing touches your pores will thank you for:

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