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Foot symptoms that could be the first signs of a health condition

By Erica Sloan

Feet issues can fly under the radar until suddenly, you're wearing sandals and they see the light of day. Should you glance down and notice something looks or feels off, it could just be the result of ramping up your physical activity or stepping out in the often minimally supportive shoes of summer. Any strange or lingering [foot symptoms](#), though, could be a sign of a bigger health condition.
