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Your Dry Scalp Is Begging for One of These Soothing Oils

Dealin' with an itchy, flaky scalp? The weather, your age, [hair products](#), and skin conditions (hi, [dandruff](#), and psoriasis) can all contribute to a dry scalp. In fact, almost [half \(yes, half!\) of the population suffers from dandruff](#). If you fall into the category of humans who deal with an angry scalp, first, I'm sorry, that sucks. Second, you're not alone. And third, I know you're looking for a little relief. The good news: There are plenty of options to alleviate your symptoms, and one of my favorites is an oil for dry scalps.

But before you grab any old oil, consult your dermatologist to find the root cause of your dryness. A dry scalp stems from a lack of moisture, whereas dandruff is caused by excess oil, meaning some products can make the condition worse. Once you have confirmed what the cause is, check out this list for some sweet, sweet relief—and yes, there's even an oil safe and effective for those of you with dandruff!

We consulted board-certified dermatologists and trichologists to understand what causes a dry scalp and bring you the top-recommended oils that will moisturize your scalp. Plus, our list includes formulas tested and approved by our team of expert beauty editors. Okay, so are you ready to get your scalp back to baseline? Keep reading to discover the seven best dry scalp oils.
